



CEBCO Rewards 200 Union County's Wellness Program



**Focus on your well-being! Earn rewards up to \$200 & qualify
for the Wellness Incentive in 2026**

Activity Type	Activities	Amount
Preventive Care 	Wellness Exam (Adult Wellness/Well Woman)	\$50
	Cholesterol Test *Men over 35 and women over 40 may earn a reward	\$25
	Diabetic A1c Lab Test *Must be diagnosed with diabetes and receive 2 annual A1c lab tests to earn a reward	\$25
	Prostate Exam *Men ages 55-69 may earn a reward	\$25
	Mammogram *Members age 40-75 may earn a reward	\$25
	ConditionCare Program	\$25
	Colorectal Cancer Screening *Members age 45-75 may earn a reward	\$25
Digital Engagement 	Health Profile – Assessment	\$25
	Log in to Sydney Health App	\$25
	Log Daily Activity	\$2/50K steps up to \$50
	Team Challenge Goals (up to 4)	\$25
<p><i>It may take up to 60 days for claims-based rewards to populate and 2-3 days for digital activities. To view rewards, please visit your Sydney Health App or log into Anthem.com.</i></p>		

When you and your covered spouse complete any of the activities listed above (8/15/24 – 6/30/25), you'll earn up to \$200 in Anthem Rewards to put toward electronic gift cards for select retailers.

UNION COUNTY WELLNESS PROGRAM: To satisfy the wellness program and earn the 2026 Wellness Incentive, employees must complete the Wellness Exam (Adult Wellness/Well Woman) and earn an additional \$50 in Anthem Rewards by the program deadline of 6/30/25. Covered spouses must **only** complete the Wellness Exam (Adult Wellness/Well Woman) to satisfy the incentive requirements.